



C.B. WEST 2017 YOUTH FOOTBALL CAMP

Cost: \$160/session (All campers receive an official camp T-shirt).

*** EARLY BIRD SPECIAL: \$145/SESSION if registered BEFORE April 15, 2017. ***

Use Discount Code: CBWYFC2017

Dates: July 10th – July 13th

Ages: 7-14

Time: 9:00 AM – 2:00 PM

Early Drop-off (8:00 AM) and Late Pick-Up (3:00 PM) program is available for the camp session for an additional \$40 fee.

Location: C.B. West Athletic Fields & Gyms

Skills Covered:

- | | |
|---|---|
| <input type="checkbox"/> Proper Stances for all Positions | <input type="checkbox"/> Proper Form Running |
| <input type="checkbox"/> Cadence | <input type="checkbox"/> Alignments by Position |
| <input type="checkbox"/> Form Blocking Techniques | <input type="checkbox"/> Safe Tackling Techniques (non-contact) |
| <input type="checkbox"/> Ball Carrying and Receiving | <input type="checkbox"/> Throwing Mechanics |
| <input type="checkbox"/> Snapping, Punting, and Place Kicking | <input type="checkbox"/> HAVING FUN!! |

The camp is run by the coaches and players of the C.B. West Football Program and designed to teach fundamentals from beginner through advanced youth football players.

Registration begins March 8th.

Please register your camper online at <https://mypaymentsplus.com/>

*A sports waiver and completed Physical are required for participation in this program. Both forms can be found online at cbsd.org, click Community school then Extended Learning Programs. These forms can be turned into a coach on the first day of camp.

Questions – call or email Coach Chas Cathers: 267-893-2535

ccathers@cbsd.org

<http://www.westfootball.com>

Space is LIMITED! Camper spots will be filled on a first come, first served basis.